

Below is a sample quiz for the “meat product label” exercise. It was used in the past in conjunction with a label from a package of wieners.

Contestant _____

County _____ No. _____

Meat Product Labeling

Answer the questions below from the meat product label on this sheet.

- _____ 1. Which type of meat is present in this product in the smallest amount?
- _____ 2. Which non-meat ingredient is “made from sugar”?
- _____ 3. In reheating these wieners in boiling water, what minimum temperature should the product reach before eating?
- _____ 4. How many wieners were in this package?
- _____ 5. True or False. Wieners are a significant source of fiber.
- _____ 6. If you ate 2 wieners at a meal, how many calories would the wieners provide?
- _____ 7. Which important mineral is present at the highest level of its % Daily value?
- _____ 8. Once this package is opened, within how many days should the wieners be used up?
- _____ 9. What would be the weight of each link in ounces?
- _____ 10. How many milligrams (mg) of cholesterol are in one wiener?